

Bizzy Kidz Spring & Summer Menu- Week 1-Vegetarian Option

	<u>Breakfast</u>	<u>Snacks</u>	<u>Lunch</u>	<u>Tea</u>
<u>Monday</u>	Assorted Cereal & Toast Fresh Fruit Juice	Breadsticks and homous	Jacket Potato, cheese and spring onion crunch Fresh fruit salad and crème fraiche	Scrambled egg and baked beans on toast Fruity flapjack
<u>Tuesday</u>	Assorted Cereal & Toast Fresh Fruit Juice	Watermelon slices	Homemade tofu bolognaise Butterscotch whip	Fresh vegetable Soup and croutons Red berry cheesecake
<u>Wednesday</u>	Assorted Cereal & Toast Fresh Fruit Juice	Carrott and soft cheese dip	Vegetable stir fry and prawn crackers Lemon Meringue pie	Tuna salad wraps Fresh fruit Salas
<u>Thursday</u>	Assorted Cereal & Toast Fresh Fruit Juice	Dried berries and cherries	Vegetable quiche, salad and fries with coleslaw Coconut macarons	Macaroni cheese Chocolate marshmellow crispy cakes
<u>Friday</u>	Assorted Cereal & Toast Fresh Fruit Juice	Sliced banana	Fish in parsley sauce, creamy mash and peas Fruit jelly and cream	Cheesy rolls and salad & Fresh Fruit Salad

- All Pasta used is wholewheat Pasta & Rice used is Brown Rice. We serve an assortment of white & wholemeal bread
- We do provide & cater for all dietary requirements & will offer an alternative to the set menu if required.
- Children who are in advanced stages of weaning will be offered the main menu pureed, chopped etc according to requirements.

Bizzy Kidz Spring & Summer Menu- Week 2-Vegetarian Option

	<u>Breakfast</u>	<u>Snacks</u>	<u>Lunch</u>	<u>Tea</u>
<u>Monday</u>	Assorted Cereal & Toast Fresh Fruit Juice	Strawberries	Cheese and mushroom omlette Peaches and cream	Vegetarian sausage sandwiches Fresh fruit salad
<u>Tuesday</u>	Assorted Cereal & Toast Fresh Fruit Juice	Buttered Crackers	Vegetarian Mousakka and crusty bread Homemade Carrot cake	Cheese and salad pittas Yoghurt
<u>Wednesday</u>	Assorted Cereal & Toast Fresh Fruit Juice	Carrot sticks and cottage cheese	Jacket potato and tuna sweetcorn Summer fruit flan	Eggy Bread and beans Fairy cakes
<u>Thursday</u>	Assorted Cereal & Toast Fresh Fruit Juice	Fresh Fruit Salad	Roast quorn, roast potatoes and vegetables Ice cream, wafer and sprinkles	Homemade cheese scones with tomato Fresh fruit salad
<u>Friday</u>	Assorted Cereal & Toast Fresh Fruit Juice	Cheese straws	Stir fry vegetables and noodles and prawn crackers Rhubarb crumble and cream	Assorted sandwiches Banana whip and chocolate sprinkles

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Bizzy Kidz Spring & Summer Menu- Week 3-Vegetarian Option

	<u>Breakfast</u>	<u>Snacks</u>	<u>Lunch</u>	<u>Tea</u>
<u>Monday</u>	Assorted Cereal & Toast Fresh Fruit Juice	Melon and grapes	Qourn supreme and rice Ice cream and wafers	Pineapple pizza and coleslaw Fresh fruit salad
<u>Tuesday</u>	Assorted Cereal & Toast Fresh Fruit Juice	Cheese, tomato and cucumber sticks	Roast Quorn, Yorkshire pudding, roast potatoes, veg and gravy Fresh fruit salad	Assorted filled wraps Yoghurt and biscuit dipper
<u>Wednesday</u>	Assorted Cereal & Toast Fresh Fruit Juice	Fresh fruit salad	Creamy Vegetable pie and potatoes Rice pudding and blueberries	Homemade chip butties Fresh fruit salad
<u>Thursday</u>	Assorted Cereal & Toast Fresh Fruit Juice	Crackers and soft cheese	Haddock pieces in cheese straws, mash and peas Fresh fruit salad	Beans on toast Butterfly cakes
<u>Friday</u>	Assorted Cereal & Toast Fresh Fruit Juice	Raisins	Vegetarian mince and wedges Banana cake	Cheesy crumpets & Fresh Fruit Salad

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Bizzy Kidz Spring & Summer Menu- Week 4-Vegetarian Option

	<u>Breakfast</u>	<u>Snacks</u>	<u>Lunch</u>	<u>Tea</u>
<u>Monday</u>	Assorted Cereal & Toast Fresh Fruit Juice	Assorted Biscuits	Tuna Pasta Bake and crusty bread Jam & Lemon Curd Tarts	Assorted Sandwiches & Tomato/cucumber chunks & Fresh Fruit Salad
<u>Tuesday</u>	Assorted Cereal & Toast Fresh Fruit Juice	Fresh Fruit Salad	Bacon and spring onion hash Peach melba	Cheesy ravioli and buttered bread & Fromage Frais
<u>Wednesday</u>	Assorted Cereal & Toast Fresh Fruit Juice	Home Made Scone & Jam	Roast quorn dinner Pears and chocolate sauce	Assorted Sandwiches & Crisp & Fresh Fruit Salad
<u>Thursday</u>	Assorted Cereal & Toast Fresh Fruit Juice	Fresh Fruit Salad	Vegetable & Lentil Korma with pappodoms Lemon Sponge & Cream	Cheese pittas & Fresh Fruit Salad
<u>Friday</u>	Assorted Cereal & Toast Fresh Fruit Juice	Cucumber Sticks & Sour Cream Dip	Jacket potato, Beans & Cheese Ice cream & chopped banana	Quorn rolls and salad & Fresh Fruit Salad

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